



Continued Training to become a Kindergarten and School Doctor in Kindergartens and Waldorf Schools (or Waldorf-Institutions)

The Profession of the Kindergarten- and School doctor includes the ability to diagnose, accompany, support and treat children from infancy to the end of their school years and to have a knowledge of salutogenesis and prevention. It also includes the willingness to acquire fundamental knowledge of Waldorf pedagogy and to work in conjunction with the college of teachers. The training takes at least three years to complete. Attendance of the yearly international kindergarten and school doctor's conferences at the Goetheanum in Dornach (Switzerland) forms an integral part of the training.



Gesellschaft
Anthroposophischer Ärzte
in Deutschland

Goetheanum

The three-year curriculum

The following themes and learning objectives form part of the remit of a kindergarten- and school doctors tasks. These are part of the annual international school doctors conferences at the Goetheanum and the school health practitioners training. In addition further training modules are provided, that can be agreed upon with the mentor depending on the knowledge and experience of the individual and his work environment. Self-study forms an essential requirement.

Further individual training modules are:

- Introductory courses to Anthroposophic
- MedicineRegional meetings of school doctors
- School Eurythmy conferences
- Anthroposophic Paediatrics
- SENCO conferences at the Goetheanum
- Conferences about common school health related problems
- In addition see also the yearly programs of the medical section and the pedagogical section in Dornach, Anthroposophic Doctors Associations and Anthroposophical doctors trainings.

The work with a mentor continues for a minimum of 3 years. Mentors are experienced kindergarten and school doctors who have at least five years of experience in the field.

The following describes the wide range, that a kindergarten- and school doctor's work can entail

Kindergarten and early childhood education

Development and education of the first 7 years	Diagnostics
Knowledge of man, effect of early childhood education, prevention of physical and emotional disorders	Class observations, class screening (assessment of developmental stages and mile stones of Speech, motor-skills, social development)
Working with colleagues	Working with parents
Child study, illness dispositions, childhood immunizations, law of the prevention of infectious diseases, school readiness	Child study, advisory meetings, working with parents towards shared decisions and therapeutic concepts

School

Development and education of the school aged child Knowledge of man and “physiology” of the curriculum. Research on salutogenesis and resilience.	School doctor in teaching Knowledge of man, health education, first aid, relationship-/sexual health-/parent training, addiction prevention etc.
Working with colleagues Class observations, child study, SEN plans, inclusion of children with SEN, advice on transitions: kindergarten, lower-, middle- and upper school, working with therapeutic eurythmist, art therapist and SEN teachers as well as class and subject teachers, participation in the pedagogical conference, contributions to conferences, advisory and mediation within the Parent-Pupil-Teacher triangle	Diagnostic and advice School readiness assessments, constitutional- and members diagnosis, scheduled health screenings, (e.g. class 2,4 & 8. In the UK: raising five's check). Individual examination of some pupils, developmental delays and educational needs, attention deficit, problems with social behavior, individual consultations with upper school pupils, mental health issues such as school phobia, puberty crisis, exam anxiety).
Working with parents Advisory conversations, therapeutic SEN concepts, parenting advice, first aid kit, preventative medicine, Immunizations, childhood illnesses, healthy life style, healthy diet, exercise, dental health, addiction prevention, media competence education, child protection.	Job profile Various models of KG and school doctor activity, medical ethics and path of inner schooling, public relations, research.

Criteria for certification to become a kindergarten and school physician

- Three years of independent responsibility working as a physician in a kindergarten or school, or in comparable work with children and teachers, supported by a mentor.
- Three independently prepared case reports. The content of each case report can include:
 - Sitting in on a class, on a therapeutic measure or on education support;
 - Observation of the child in movement, e.g. in eurythmy therapy, eurythmy, sport, free play;
 - An examination by the school physician, diagnosis of the human constitutional elements or constitution;
 - A consultation with the teacher or parents;
 - Aspects of curricular physiology.
- Attendance at a minimum of three conferences for kindergarten and school physicians at the Goetheanum, Dornach or at comparable conferences or further training courses in countries outside Europe. In addition there are other further training modules, or corresponding evidence must be provided that the necessary content has been worked on in regional workshops or in independent study. Anyone who has not yet been approved as an anthroposophic physician can also make the training to become a kindergarten and school physician part of the certificate to become an anthroposophic physician. Approval is granted by the respective national medical association and within the framework of the International Postgraduate Medical Training/IPMT of the Medical Section.

Mentoring

Qualification of the mentor: At least five years of successful practical work at establishments offering Waldorf education, verified by the establishments concerned; certified kindergarten and school physician; skills and experience in individual self-development/anthroposophic schooling path; experience in parent counselling and mediation; basic knowledge of paediatrics and general practice.

Way of working together

- The way of working together will be individually discussed.
- The applicant shall together with the mentor prepare a personal further training concept based on the applicant's already existing basic knowledge and experience.
- Recommendation of training provisions, sitting in opportunities and literature.
- Advice for three years on day-to-day practice in kindergarten and school; support in consolidating what has been learnt into the applicant's own experience (portfolio and regular feedback); support in preparing the case reports.

The certificate is applied for from the Medical Section at the Goetheanum in consultation with the mentor. The costs for the certificate are currently €150.

An email and address list of current mentors can be obtained from the Medical Section.

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Publishing information

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