



International further training
for school and kindergarten doctors

The formation of and search for identity in the first three seven-year periods

21–24 October 2023

In collaboration with the
Association of Anthroposophic Physicians
in Germany/GAÄD

*It was in ancient times,
That there lived in the souls of initiates
Powerfully the thought that
By nature every human being is sick.
And education was seen
As a healing process,
Which, as they matured
Gave children the health
To be complete human beings in life.*

Rudolf Steiner in the first Newsletter for Physicians, 11 March 1924

Dear Colleagues,

We would like to invite you very warmly to this year's conference for school and kindergarten doctors.

The central topics are the development of and search for identity in children and adolescents. This also includes the controversies and views on gender, on the diagnosis and therapy of autism spectrum disorders, as well as the child conference as an important means to recognise a child in their uniqueness and to support them in the best possible way. We also want to include in the topic of the third seven-year period the ritual Sunday service for upper school pupils requested from Rudolf Steiner by pupils 100 years ago.

It is a long way from the small child, who still speaks of themselves in the third person, to the adolescent, who develops a conscious concept of themselves as a multi-layered personality. Who are you? The questions of identity formation are so complex that we often still falter as adults when we are asked to answer the question in full.

An infant sometimes looks at their own hands with such wonder and intensity that it seems they do not yet identify with them at all. Much of what they observe is sought out repeatedly, if possible, and turned this way and that, so that we might read from this the question: "Can I really trust my senses?"

The young schoolchild identifies completely with the beloved teacher and with the world that is conveyed to them through the other person - "...trustingly to seek only myself, in cosmic light and cosmic warmth" (Rudolf Steiner, Calendar of the Soul at St. John's Tide).

And who am I really? Identity crisis and adolescence truly belong together. From the search for gender identity to cultural or political identity, many adolescents today find themselves faced with a great deal of freedom, which can also become an excessive burden.

The insecurity is tangibly high today. Some would rather choose an avatar than engage in the search for their real earthly identity.

How can we support children and adolescents to become self-confident personalities with the capacity to act and be free?

In anticipation of an exciting and enriching conference, we send our warmest regards on behalf of the preparatory group,

*Michaela Glöckler, Johannes Kux, Ulrike Lorenz, Claudia McKeen, Karin Michael, Bettina Pump,
Martina Schmidt and Georg Soldner*

Saturday, 21 October 2023

8.45–09.00

Welcome

9.00–10.15

Lecture

The child conference as an important element of Waldorf education

Karin Michael, Tomas Zdrazil

10.15–11.00 Coffee break

11.00–11.30

Discussion on lecture in small groups

11.30–12.15

Textual work

What does the angel do in our astral body?
(GA 182, 9 October 1918)

Renate Karutz, Ulrike Lorenz, Bettina Pump

12.15–13.15

Workshops A

13.15–15.15 Lunch break

15.15–16.30

Workshops B

16.30–17.00 Break

17.00–17.45

Case presentation

Liljana Vallespir

17.50–18.30

Singing

Lena Zipperle

18.45–20.00 Evening break

20.00–21.30

Plenary session

Introduction of participants,
discussion of questions brought along

Sunday, 22 October 2023

8.15–8.45

Act of Consecration of Man

9.00–10.15

Lecture

Identity formation in the first
seven-year period

Michaela Glöckler, Karin Michael

10.15–11.00 Coffee break

11.00–11.30

Discussion on lecture in small groups

11.30–12.15

Textual work

What does the angel do in our astral body?
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12.15–13.15

Workshops A

13.15–15.15 Lunch break

15.15–16.30

Workshops B

16.30–17.00 Break

17.00–17.45

Case presentation

Ulrike Lorenz

17.50–18.30

Singing

Lena Zipperle

18.45–20.00 Evening break

20.00–21.30

Lecture and discussion

Religious celebrations in the Waldorf school and
their spiritual background – using the example
of the so-called Act of Consecration of Man

Elisabeth v. Kügelgen

Monday, 23 October 2023

8.15–8.45

Act of Consecration of Man

9.00–10.15

Lecture

Identity formation in the second seven-year period

Michaela Glöckler, Karin Michael

10.15–11.00 Coffee break

11.00–11.30

Discussion on lecture in small groups

11.30–12.15

Textual work

What does the angel do in our astral body?
(GA 182, 9 October 1918)

Renate Karutz, Ulrike Lorenz, Bettina Pump

12.15–13.15

Workshops A

13.15–15.15 Lunch break

15.15–16.30

Workshops B

16.30–17.00 Break

17.00–17.45

Lecture

The seven life processes and the 12 senses –
autism spectrum disorders in early childhood

Karin Michael

17.45–18.30

Discussion following lecture

18.45–20.00 Evening break

20.00–21.30

Lecture

Autism spectrum disorder at school age –
diagnosis and therapy

Walter Dahlhaus

Tuesday, 24 October 2023

8.15–8.45

Act of Consecration of Man

9.00–10.15

Lecture

Identity formation in the third seven-year period

Michaela Glöckler, Karin Michael

10.15–11.00 Coffee break

11.00–11.30

Discussion on lecture in small groups

11.30–12.15

Questions and discussion in plenary session

12.15–13.00

Review and outlook

Subject to change

Workshops A

1. **Eurythmy Therapy**
Helga Kühl
2. **Creative speech**
Eva Sonnleitner

Workshops B

3. **Beginner course for working as a school doctor**
Karin Michael
4. **Who am I? Help in dealing with pupils with autistic characteristics**
Angela Schulze Raestrup
5. **How does integration and inclusion succeed at Waldorf schools? Possibilities and limits**
Johannes Kux
6. **The importance of religious education for healthy development**
Elisabeth v. Kugelgen and Claudia McKeen
7. **Mental health in middle and upper school. What options do we have at school for prevention and support?**
Renate Karutz and Ulrike Lorenz
8. **"Gender needs" and their basis in the understanding of the human being**
Michaela Glöckler

Translation

Alongside the English translation being provided, we are happy to organise additional simultaneous interpretation as required for other languages. We hope you will understand that this is only financially viable for us if there are fifteen or more participants, i.e. if there are fewer registrations from a language area we would ask you to organise to bring your own translator with you whom we will, of course, offer a conference ticket free of charge. In such an event please inform the conference organisers in the Medical Section by email (conferences@medsektion-goetheanum.ch) by no later than **8 October 2023**.

Certification

This conference is part of the certified further training to become a school and kindergarten doctor. GAÄD and VAOAS certificates with accreditation points will be available at the conference.

Conference rates

Support price	<i>CHF 500</i>
Normal price	<i>CHF 395</i>
Concessionary price	<i>CHF 245</i>

Lunches are already included in the conference rates, evening meals can be purchased separately.